



## SEIZE THE OPPORTUNITY OF A FRESH START!

At the counselling centre for violence prevention, we will help you to manage without the violence in the future. Violence creates problems – for you too. This does not have to be the case.

At the counselling centre for violence prevention, we work with you to

- » end the acts of violence immediately
- » find ways of arguing and resolving conflicts without violence
- » manage the current stressful situation
- » sort out your living situation in accordance with the barring order prohibiting you from entering an apartment and the ban on approaching the person to whom you pose a threat
- » break out of the cycle of violence

We will talk to you about the consequences of your actions and the best way of dealing with them. Together, we will find additional counselling options for you if you want.

## WHAT YOU SHOULD KNOW AND KEEP IN MIND

- » The violence prevention counselling comprises a total of 6 hours.
- » You will schedule sessions in the next eight weeks with your counsellor.
- » You are required to actively take part in the whole of the counselling process.
- » If you miss a session, you need a good reason for this. E.g. you are ill. Inform your counsellor of this immediately.
- » If you do not turn up for the scheduled session, you will be summoned to attend the counselling by the security authority and may receive a fine.
- » If you do not complete the violence prevention counselling, you may receive a fine.

Our counselling is confidential.

However, we do talk to victim protection organisations and the police if we have grounds to assume that people are in great danger. We do this to mitigate this danger.

And we report it to the security authority if you miss sessions without an excuse or do not actively participate in the whole of the violence prevention counselling process. We are required to do this.

## WHAT YOU SHOULD KNOW ABOUT THE BARRING ORDER AND THE BAN ON APPROACHING

- » The barring order and the ban on approaching apply for 14 days. During this period, you must not enter the protected apartment and you must stay at least 100 m away from the protected apartment.
- » You must not come within 100 m of the protected person. This applies even if a protected person would like to meet you.
- » The barring order and ban on approaching may be extended by an application for an interim protective injunction. You will be informed of this. You will receive the information at the address that you provided.



## WHAT YOU SHOULD DO BEFORE RETURNING TO THE APARTMENT

- » Please collect the key from the police. There you will be informed whether the barring order and ban on approaching has been extended by an application for an interim protective injunction.
- » The barring order and ban on approaching may have been extended. In this case, you must not return to the apartment yet. You will also find information about this at the delivery address that you gave to the police.
- » Let your cohabitants know before you return to the apartment. There is no better way to begin again!

**Start the conversation.**

**Embark on your fresh start with us!**